

The Massage Clinic Testament Pages

Please include me in the Testament Pages.

The Massage Clinic has helped my low back pain condition.

I have had this problem since a disk ruptured in my back twelve years ago

This is my story: When I hobbled into Lin Hourihan's

office, a little over three years ago, the pain in my back was so severe that I was actually looking forward to having a third surgery on my low back, something that I considered - at the time - inevitable. My purpose in seeking the help of a massage therapist was to "get me through" for a few weeks while tests were run and appointments were made to prepare for the operation I

THOUGHT I needed. Lin's healing touch brought the first relief I could remember in months. At first, the effects of the massage were freedom from pain for a few hours - but it was enough to get me back to where my body and mind could remember how not to hurt. Twice weekly

Signed:

Date:

visits led to relief that lasted a few days at a time. In just about six weeks, I was able to move in comfort with appointments →

just about two weeks apart. I am happy to report that my doctor and I together made the decision to postpone the back surgery I was so sure I needed. I still see Lin every 2-3 weeks and have resumed all of the activities that were once far beyond my reach: walking, kayaking and even gardening are back on my agenda. Perhaps you, too are in so much pain that even a high-risk surgery seems like a favorable alternative to suffering. If you can, consult your doctor and ask if you are medically cleared to give massage a try. It saved me from a life of pain, and I credit his expert hands and heart with sparing me from an unnecessary and potentially dangerous surgical procedure. For this, I am truly Thankful!!!

Depe L Pardee 11-8-07